Transition to Residency

Description
The Transition to Residency (TTR) course is designed to help prepare you for some of the patient care demands and team-based challenges you will face in internship. TTR provides you with experiential learning activities united around your future specialty, focusing on teamwork, communication, resuscitation, patient care, clinical reasoning, & procedural skills.

Teamwork
Working together on interdisciplinary teams according to your future internships, you and your team will manage multiple simulated patient encounters to reinforce interprofessional teamwork behaviors. Everyone will lead their team at least once!

Clinical Reasoning and Medical Decision-making
Each patient encounter focuses on the immediate first “10-15 minutes” of care you will provide before advanced help arrives (imagine what you would do before your senior resident responds!). This may include diagnosing and treating acute clinical conditions, managing unexpected on-call events, specialty consultations, and patient “hand-offs” during transitions of care.

Interactive large and small group case and problem-based learning activities are interspersed between simulations to reinforce fundamental interdisciplinary specialty-specific clinical skills.

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Learning Objectives:

Altered Mental Status
- Evaluate a patient with altered mental status and devise a targeted differential diagnosis with appropriate workup plan.
- Develop a management plan and prioritize initial patient care measures to stabilize a patient with altered mental status.

Respiratory Distress
- Evaluate a patient in respiratory distress and devise a targeted differential diagnosis with appropriate workup plan.
- Develop a management plan and prioritize initial patient care measures to stabilize a patient in respiratory distress.

Shock
- Evaluate a patient in shock and devise a targeted differential diagnosis with appropriate workup plan.
• Develop a management plan and prioritize initial patient care measures to stabilize a patient in shock.

**Abdominal Pain**
• Evaluate a patient with abdominal pain and devise a targeted differential diagnosis with appropriate workup plan.
• Develop a management plan and prioritize initial patient care measures to stabilize a patient with abdominal pain.

**Chest Pain**
• Evaluate a patient with chest pain and devise a targeted differential diagnosis with appropriate workup plan.
• Develop a management plan and prioritize initial patient care measures to stabilize a patient with chest pain.

**Interprofessional Teamwork Behaviors and Skills**
• Demonstrate effective interprofessional team behaviors and skills.

**Patient/Family Communication**
• Demonstrate effective patient and family communication skills.

**Basic Resuscitation Skills**
• Demonstrate effective basic resuscitation skills.

**Pain management**
• Demonstrate effective pain management skills.

**Physician wellness**
• Describe ways to achieve and preserve wellness and work-life balance during internship.